

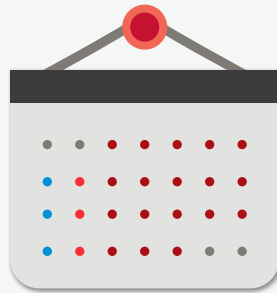
TAX SAVINGS

The Proactive Health Management Plan begins with the election to pay for the PHMP premium through Section 125 payroll deduction (pre-tax) which reduces your taxes.

That means the PHMP can potentially *increase* your paycheck!

MONTHLY ACTIVITY INVOLVEMENT

Staying active in the PHMP is as simple as completing a very brief health activity at least once a month. The interactive PHMP Member Portal and weekly communications help you stay engaged and track your involvement.



QUESTIONS? NEED ASSISTANCE?



Our specialists are standing by!

866-673-2140

BENEFITS OF THE PHMP

Hospital Daily Indemnity

An indemnity payment of \$100 per day for up to 5* days (\$500) for hospital confinement for illness or injury.

Health Screenings

You can receive up to \$50 per day per benefit period (\$250) period to encourage you to have worthwhile screenings such as:

- Bone Marrow Testing
- Stress Test (Bicycle or treadmill)
- CA 15-3 (Breast cancer)
- CEA (Blood test for colon cancer)
- Chest X-Ray
- PSA (Prostate cancer)
- Serum Protein Electrophoresis (Myeloma)
- Breast Ultrasound Thermography

WELLNESS INDEMNITY BENEFITS



Dietary Assistance



Telemedicine



Biometric Screening



Health Risk Assessment



Online Health Coaches



DNA Screening

*Some states require a maximum of 31 days (\$3,100) per year.